



**Dr. Karen Brust**

**Dr. Marcia Scott**

**Dr. Janine Schuler**

Name \_\_\_\_\_ Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ (M/D/Y) Sex: M F

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone (H) \_\_\_\_\_ (Cell) \_\_\_\_\_ (W) \_\_\_\_\_

Email \_\_\_\_\_

Check if you would like to receive:

Appointment Reminder  Health Tips/Newsletter  Specials

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Who referred you/ How did you hear about us? \_\_\_\_\_

What is the goal of your visit today? \_\_\_\_\_

Medical History

How would you describe your general health?  Excellent  Good  Fair  Poor

Occupation \_\_\_\_\_ Hobbies \_\_\_\_\_

Do you exercise regularly? Y / N What do you do, how much and how often? \_\_\_\_\_

Average hours of sleep per night \_\_\_\_\_ Do you wake refreshed? \_\_\_\_\_

Energy levels (average, circle) Lowest 1 2 3 4 5 6 7 8 9 10 Highest

Stress levels (average, circle) Lowest 1 2 3 4 5 6 7 8 9 10 Highest

Please indicate any serious conditions, illnesses, injuries and any hospitalizations (with dates)

Current medications and supplements (prescription, over counter, vitamins, supplements etc.)

When was the last time you were treated with antibiotics? \_\_\_\_\_

Do you get regular screening tests done by your doctor? (Pap, Blood tests etc.) Y / N

If you are female, are you currently pregnant? Y / N Trying to get pregnant? Y / N

Check if you have experienced any of these symptoms

Poor appetite       Night sweats       Rashes       Eczema  
 Cravings       Chills       Hair loss       Warts  
 Strong thirst       Fever       Acne       Bleed/Bruise easily

Headache       Blurry vision       Earaches       Dizziness  
 Neck pain       Eye pain       Ringing ears       Fainting  
 Concussion       Jaw pain       Sinus problems       Chest pain

High blood pressure       Irregular heartbeat       Difficulty breathing  
 Low blood pressure       Blood clots       Asthma  
 Cold hands/feet       Varicose veins       Coughing blood

Indigestion       Constipation       Hemorrhoids       Impotency  
 Gas/Bloating       Diarrhea       Pain or urgency with urination  
 Abdominal pain       Nausea/Vomiting       # of bowel movements/day

Women Only      \_\_\_\_\_ Number of pregnancies      \_\_\_\_\_ Number of births

Irregular periods       Painful periods       Heavy flow       Light flow

If you use birth control: What type \_\_\_\_\_ How long \_\_\_\_\_

Depression       Poor memory       Areas of numbness  
 Anxiety       Loss of balance       Lack of co-ordination

Have you ever been treated for psychological issues? \_\_\_\_\_



## Patient Confirmation of Consultation Form & Waiver

Section 8(1) of Alberta's Acupuncture Regulation stipulates that an acupuncturist shall not undertake the care and treatment of a person unless:

- (a) That a person has already consulted with a physician or, in the case of dental pathology, a dentist about the condition for which treatment from the acupuncturist is being sought;
- (b) That person has informed the acupuncturist that a physician or dentist has been consulted about the condition;
- (c) The acupuncturist has completed a patient consultation form.

Has the patient consulted with a Physician or Dentist (as appropriate) about the condition for which acupuncture treatment is now being sought?

\_\_\_\_\_ Yes      \_\_\_\_\_ No

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I, \_\_\_\_\_ (print name) hereby authorize and grant permission to my health care provider to carry out such examinations, procedures, and treatments as deemed necessary or as ordered by my physician.

I \_\_\_\_\_ (initial) am informed that no procedure will be conducted without full explanation of the reason or method relating to the procedure and advice of risks such as:

- fainting
- small bruises
- bleeding
- post - acupuncture sensation (numbness, tingling, heaviness, and tiredness)
- temporary exacerbation of symptoms

I, \_\_\_\_\_ (initial) hereby acknowledge and understand that I am personally liable for any cost incurred by myself at Acupuncture Plus (#A306 1600-90 Ave SW Calgary, AB) under Dr. Karen Brust, Dr. Marcia Scott and Dr. Janine Schuler.

I, \_\_\_\_\_ (initial) hereby acknowledge and understand we require 24 hours' notice of appointment cancellation. Any appointments cancelled with less notice will result in a full charge for the session missed.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/ Guardian Signature

\_\_\_\_\_  
Date